

ST. JOSEPH'S COLLEGE (AUTONOMOUS) DEVAGIRI

Department of Physical Education

High Lights 2020-21

Team Championships

1. Badminton men team **emerged champions in the Calicut University Inter Zone** championship and lifted prestigious **Vice Chancellors trophy**. Chess women team secured third place in the Calicut University Inter Zone Championship. Football men team, Badminton women team, Sepak takraw women team finished fourth in the Calicut University Inter Zone championship.
2. Badminton men team emerged champions in the Calicut University A Zone championship. Basketball men.
3. Volleyball men team finished second in the Calicut University A Zone Championships.

Individual winners in the Calicut University Inter Zone Championship

1. Govind Krishna of II Year B.Com Finance emerged individual champion in the Calicut University Shuttle Badminton championship.
2. Heera of II SEM M.Sc. Chemistry and Karan J P of I SEM BBA Honours bagged individual championships in both women and men sections respectively in the Calicut University Inter Zone Chess Championship.
3. Anekha of I year B. Sc Mathematics student participated in the Senior National Table Tennis championship held at Haryana.
4. Atheena of Final UG English won 2 Gold medals and 2 Silver medals in the Calicut University Inter Collegiate Kalaripayattu Championship.
5. Ankitha of BA Functional English final year won 3 Gold medals and one bronze medal, in the Calicut University Inter Collegiate Kalaripayattu Championship.
6. Amal Das of 1 year B.Com and Arun Das of 1 year B.Sc CS won one gold medal and one bronze medal in the Kalaripayattu Championship.

Tournaments and Programmes Organised

International Yoga Day - 2020

International Yoga Day was celebrated both online and offline platform as the whole world was facing a pandemic condition. Some students performed Yoga on 21st June 2020 at home. Having Mr. Radhakrishnan, the college Yoga Trainer, deliver a motivational talk to the students and lead yoga sessions on Teams platform would have been incredibly beneficial. His expertise and guidance would have helped students understand the importance of yoga in maintaining overall health and coping with the stresses of the pandemic.

Calicut University Inter Zone Shuttle badminton, men and women 2020

The Department of Physical Education organized Calicut University Inter Zone Shuttle Badminton championship both men and women category. Women championship was held from 8th February 2021 to 9th February 2021 and a total of 7 teams participated in the competition. In men category, it was from 9th February 2021 to 11th February 2021 and total 16 teams participated and St. Joseph's college (Autonomous), Devagiri lifted prestigious Vice Chancellor's trophy. Dr. Sabu K Thomas, Principal, St. Joseph's college (Autonomous), Devagiri was the chief guest and distributed the prizes.

Calicut University A Zone Men Football Championship 2020

The Department of Physical Education organized Calicut University A Zone Football championship for men. The championship was held from 18/03/2021 to 27/03/2021. A total of 32 teams participated in the competition.

Calicut University A Zone Men Basketball Championship 2020

The Department of Physical Education organized Calicut University A Zone men championship from January 15th to 17th March, 2021. There were nine teams from affiliated colleges of Calicut University participated in the Championship. Fr. Biju Joseph, Manager, St. Joseph's College (Autonomous), Devagiri, inaugurated the championship.

Calicut University A Zone Shuttle badminton for men 2020

The Department of Physical Education organized Calicut University A Zone Shuttle Badminton championship for men from 3rd February 2021 to 5th February 2021. A total of 31 teams participated and St. Joseph's college (Autonomous), Devagiri lifted Champion's

trophy. Dr. Sabu K Thomas, Principal, St. Joseph's college (Autonomous), Devagiri was the chief guest and distributed the prizes.

Training Programs

Department organised fitness programme, Football training, Cricket Training, Basketball training and Gym based fitness training are organised with the help of RUSA Phase II fund.